Transformation may occur when teachers/coaches are provided opportunities to observe, co-teach, confer, study, research, and reflect on practice.

**Contiuum of Coaching**

- **Inter-active coaching**
  - Facilitate a workshop or session to improve instruction and student achievement.
- **Intra-active coaching**
  - Provide an observation lesson to improve instruction and student achievement with feedback and collaborative input.
  - Co-teach with colleague to improve instruction and student achievement based on mutually agreed upon learning goals and success indicators.
  - Confer, observe, and debrief to improve instruction and student achievement.
  - Facilitate a study group to investigate common interest topics to improve instruction and student achievement.
  - Facilitate action research to seek resources after reflection to improve instruction and student achievement.
- **Increased scaffolding**
- **Decreased scaffolding**

Note: The term observation lesson has been used to replace demonstration lesson to denote the opportunity being provided versus a model lesson to emulate.

Adapted from E. Puig & K. Froelich, 2007 *The Literacy Coach*, p. 49